

Terms and Conditions

These are deeply transformational courses and students should be prepared to embark upon an internal process that may be challenging at times - so a sound state of mental health is required along with a commitment to see the process through from beginning to end.

We believe ethically that yoga teachers should commit to ongoing enquiry through their own self practice and exploration, and as such the Still Flowing 200 hr training is a solid foundation to approaching the teaching of Yoga in this way. Over time, this approach builds on the foundation and locates the internal well spring from which the teaching of Yoga/Mindfulness is drawn. The teaching of Yoga in the approach we present here is a sharing of one's own liberating discoveries within the body, heart and mind through a variety of embodied forms. Our trainees are given the appropriate practices and tools and shown how to use them, however it is ultimately up to them to shape their own path and teaching style with the tools that work for them, this fosters a constant engagement with one's own practice and encourages us to take personal responsibility

Students that sign up for the programme need to be aware of its nature, and be open and willing to work within this process, where at times, we may touch into unknown parts of ourselves and be confronted with subconscious material that may be confrontational. For this reason, it is necessary that participants already have a level of emotional stability, balance and resilience and understand that the somatic approach works therapeutically and can bring up unresolved psychological, emotional and physiological issues. Additional personal therapeutic support is offered through Somatic Experiencing sessions (at an additional cost) and 1:1's.

If a student finds that they are dissatisfied with the course, it is up to the student to raise and discuss their concerns with the teaching faculty as they come up (during or at the end of each module), so that they can be addressed and hopefully resolved.

Any one of the Still Flowing Training team (it will be a team consensus) reserve the right to ask any student to leave the programme without refund at any time should they be causing themselves or the group, harm, harassment, or disturbance, not following the yogic code of conduct or in a fragile or unsafe state of body/mind (in which case they will be adequately supported to leave the training and get home safely)

Booking Policy

The balance of payment is due 60 days before the course commences. If you are booking within this period immediate full payment is necessary for securing your space on the training. Still Flowing Teacher Training reserve the right to cancel any booking for which the full payment is not received at least 60 days before the course commences, and to use the deposit to cover the cancellation charges.

Once we confirm your booking and issue an invoice a contract will then come into existence between you and Still Flowing Teacher Training.

IF YOU CANCEL YOUR BOOKING

In the event that you have to cancel your booking the following charges are applicable (calculated on the day on which written notification is received in our office).

90 + days before course commences deposit only

60-90 days before course commences 30 % of fees

30-60 days before course commences 75 % of fees

Less than 30 days before course commences 100% of fees.

IF WE HAVE TO CANCEL YOUR Booking

Firstly, we will offer an alternative course at future dates. Secondly, if this is not acceptable, we will refund your deposit and any other money paid to Still Flowing Teacher Training save for the £50 application fee which is donated to Tree Sisters.org to support tree planting. We shall endeavour to inform you in writing at the earliest possible opportunity and at least 30 days prior to the start date, unless in the event of "force majeure" or conditions beyond our control.

Once the programme has started Still Flowing Teacher Training issues NO refunds for trainings. In the case of unexpected illness, students must recourse to their medical insurers for refunds for the cost of training and/or flights.

In the case of compassionate grounds, if there is adequate space, students may transfer their fee to another programme, however this will be at the discretion of the Still Flowing Training team.

By reading this brochure and signing up for Still Flowing Teacher Training I agree to the terms and conditions of the training outlined in this brochure and I agree to take complete responsibility for myself and my actions during my participation in the activities of this Teacher Training school/programme at The Yoga Garden, West Sussex, UK and also during any free time during the training timetable.

Enquiry & Applications / Gemma Mallol Director of Programmes

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